

	My options		
	Have a genetic test	Not have a genetic test	Wait to decide at a later date
What does this option involve?	<ul style="list-style-type: none"> • A blood test. • 6-8 weeks wait for test results. • Find out whether you have an altered BRCA gene. 	<ul style="list-style-type: none"> • No blood test. • No wait for test results 	<ul style="list-style-type: none"> • Wait to decide whether or not to have test. • Ask GP for a referral to the genetics clinic at any time.
What are the possible benefits of this option?	<ul style="list-style-type: none"> • More accurate idea of your chance of future cancers. • Could help make decisions about options to reduce your chance of future cancers, such as surgery. • Find out if your family has a chance of having the altered gene. • If you tell your family you have an altered gene, they can decide about having a test. • Some women prefer to have all tests done during their treatment. 	<ul style="list-style-type: none"> • May be less stressful not knowing results. • If you have a high chance of future cancers, may still be able to take steps to reduce your chance of getting another cancer. • Do not have to tell family members about test. • If you change your mind later on you can still get tested. 	<ul style="list-style-type: none"> • Can think about whether or not to have test when ready. • Can discuss test with family when ready
What are the possible disadvantages of this option?	<ul style="list-style-type: none"> • May feel worried before or after results. • If you have an altered gene, you may worry about telling family members that they might have an altered gene. • May not find the answers you were looking for. • Not all breast cancer genes have been found, so a negative result cannot exclude a genetic risk. • Results can sometimes be uncertain. 	<ul style="list-style-type: none"> • May feel more worried not knowing results. • Will not find out whether you have an altered gene and your family members may not be able to have a genetic test. 	<ul style="list-style-type: none"> • Having a test at a later date may make you feel worried. Some women prefer to have all tests done during their treatment.